

CHALCOT WEEKLY

NEWSLETTER No 26 – 21st August 2015

Getting Along Resilience Organisation Persistence Confidence Achievement

Bike Education

The Years 4 to 6's have been working hard with Miss Thomas and Miss Key for Bike Education. We have been learning about safety when bike riding.

Group 1 learnt about the road safety signs and what to do when approaching them. Group 2 learnt how to signal when you turn. Thank you to all the parent helpers for helping Miss Thomas and Miss Key.

by Chantel and Makayla
3/4RS



FROM THE PRINCIPAL

Trivia Night

What fun we had last Friday night at our Trivia Night! Mr Napier was up to his old antics and Ms Coyne & Ms Rowntree ensured the trivia ran smoothly with all the behind the scenes organisation. Over the last six years, Ms Coyne and Mr Napier have organised Trivia Nights that have brought the community together and raised \$30,000 that has gone into programs for our children. This year's Trivia raised \$4200.

A very huge thank you to Mr Napier and Ms Coyne for the work they have put in over the last six years providing our community with fun & laughter and raising \$30,000 for our students!

Fathers' Day Stall

Just a reminder that Parent Club will be holding their Fathers' Day stall on Thursday 3rd September. Gifts range from 0.50 cents to a maximum of \$5.00 and students will be allowed to purchase a couple of items each. Please ensure that your child brings a bag to hide their special gifts in!

Fathers' Day Breakfast

We have had a great response to our special Fathers' Day Breakfast which will be held next Friday 4th September at 8.00am. Reminder to our dads/special male to fill out your free breakfast order on Qkr by Thursday 27th August (if assistance is required, please contact the office). Please bring your tickets along in order to receive your brekkie.

Footy Dress Up and Sausage Sizzle Day

Parent Club is organising a 'Footy Day' sausage sizzle fundraising event to be held on Thursday 10th September. Sausages and drinks are to be pre-ordered via Qkr or on the order form which was sent home yesterday. Please use separate order forms for each child. Parents (or guardians), grandparents or any other family members are welcome to join us for lunch.

Students may also come to school dressed in their favourite AFL, Soccer or Rugby colours on the day.

Student Led Conference – Thursday 17th September

Student Led Conferences will be held on Thursday, 17th September. The Student Led Conference is a very important way for your child to discuss their learning and showcase their work and it is an opportunity to celebrate their achievements with their parents. Student Led conferences will run for approximately 15 minutes and both parents and students will be given written prompts to help with the discussions.

It is important to remember that Student Led Conferences are between the individual child and their parents. Therefore, other siblings are not permitted to attend the designated session time. To assist families, specialist teachers will be available to supervise siblings in the hall from 4.00pm to 7.45pm while you attend your individual child's conference.

A notice with information and time allocations will be distributed to families next week.

Daffodil Day – Friday 28th August

Cancer Council's Daffodil Day is an opportunity to come together as a community to show we care about beating cancer. On Friday 28th August, we are encouraging our students, parents and staff to support the Cancer Council by wearing something yellow and bringing along a gold coin donation. The school will also have Daffodil Day merchandise on sale at the front office.

Monica Ghirxi
Principal

FROM THE ASSISTANT PRINCIPAL

Emergency Lock down Drill

On Wednesday we practiced an Emergency Lock Down drill as part of our Emergency Management strategies. Congratulations to all students, staff and parents who participated. You did a wonderful job.

Helping Your Child Deal with Anxiety PART 1

We all become anxious at times during our lives and children are no different. Changes to routines and unfamiliar circumstances can be difficult for children to manage. Understanding that some level of anxiety is a normal human response is the start to learning how to manage these feelings.

It is important for children to develop strategies to deal with their anxiety. It is a skill that all humans need as they negotiate different circumstances in their lives.

Here are some strategies that you can use to help your child:

Label Feelings

Help label the feeling as "anxiety", "scared", "worried" or "frightened". Tell your child "It sounds like you're anxious about talking in front of the class". Explore with your child what anxiety feels like in their body. This helps the child identify their feelings and understand that they have some strategies to deal with them.

Set Goals

Help your child to set goals each day that are small steps to becoming more confident. For example if they are scared of your dog, one step towards being more comfortable might be to pat the dog once on its back while it is sitting down under your control on a leash.

Use Positive Self-talk

Teach your child to use positive self-talk – to say "I can" or "I'll try" rather than "I can't". Listen to them when they tell you about their day and help them to change any negative talk. Tell your child that you are proud of them for trying something new.

Try these strategies and look out for PART 2 of the article in next weeks newsletter.

Graffiti Awareness Program

The City of Casey Graffiti Education Program has been educating and deterring youth from undertaking graffiti and vandalism for the past 8 years. We are lucky enough to be getting the program delivered to our Year 5 students next week. The program is part of a comprehensive approach to graffiti management, complementing other areas of eradication and enforcement. The developed approach involves an interactive, entertaining presentation with the aim of involving the children so that they will think about and discover the impacts of graffiti, with a focus on the criminal aspects. Ultimately, it provides them with an understanding of the social and economic costs of vandalism to them and the community.

Mr P's Footy Predictions

Hawks by 60 points
Tigers by 23 points
Swans by 12 points
Suns by 45 points
Cats by 30 points
Crows by 55 points
North by 1 point
Dogs by 1 point
Melb by 1 point

Paul Poliviou
Assistant Principal



DIARY DATES

Monday	24 th	August	District Athletics	Knox Athletics Track
Monday	24 th	August	Parent Club	6.30pm – Staffroom
Tuesday	25 th	August	Year 6 Personal Development	\$24.00 due by 20 th August
Tuesday	25 th	August	Year 5 Graffiti Awareness	
Friday	28 th	August	Daffodil Day	Gold Coin Donation
Tuesday	1 st	September	Year 6 Personal Development	
Tuesday	1 st	September	Assembly – Student Awards	2.45 – Hall
Wednesday	2 nd	September	Kinder Club	2.30 – 3.30pm
Thursday	3 rd	September	Father’s Day Stall	
Friday	4 th	September	Father’s Day Breakfast	8.00am onwards
Saturday	5 th	September	Year 6 Bunnings BBQ	8.00am – 4.00pm
Tuesday	8 th	September	Year 6 Personal Development	
Wednesday	9 th	September	Movie Night	Maranatha Christian School
Thursday	10 th	September	Footy Day	
Thursday	10 th	September	Finance Committee Meeting	3.45pm- Conference Room
Thursday	10 th	September	School Council	7.30pm Staffroom

ROBOTICS

Best wishes to the Chalcot Lodge Robotics Team, have fun and do your best. We will all be thinking of you during Friday’s competition at Melbourne University.



BEFORE AND AFTER SCHOOL CARE

Child Care Benefit and Child Care Rebate available for all families.

Morning: 7.00am – 8.45am Monday to Friday during school term, excluding all Victorian Public Holidays.
Permanent/casual: \$ 15.00.

Breakfast is provided until 8.30am.

Afternoon: 3.30pm – 6.00pm Monday to Friday during school term, excluding all Victorian Public Holidays.
Afternoon snack and drink provided.
Permanent/casual: \$ 19.00.

Welcome to another exciting week of before and after school care.

This week's activities:

- Science experiments to celebrate National Science Week from 15-23 August
- Origami creations
- Make book marks using recycled materials
- Painting using natural resources (leaves barks & etc....)
- Musical games & crafts

Please feel free to speak to Asanka Dissanayake who will be filling in for Alex until further notice. If you have any concerns, call 0400 194 859 during session times or come in and have a chat!

Y.L.V Team

UNIFORM SALES

School uniform items can be purchased directly from the Beleza School Uniform Store at shop 7, 151 – 159 Princess Hwy, Hallam, phone 9702 3181. Mastercard and Visa are accepted.

Beleza order forms are also available at the school office. When placing your order you will need to make payment to the school either by cash or by completing your credit card details on the order form. Beleza staff will then deliver your order to the school.

SCHOOL BANKING

Don't forget that FRIDAY is School Banking day and students should bring in their weekly deposit.

COMPETITION FOR TERM 3: Make 3 or more deposits this term to be in the draw to win some great prizes. Carry out the Money Mission at for an extra entry into the draw.

Commonwealth Bank School Banking Update – Please Read

Concerns have been raised regarding the 'Cosmic Light Beam Torch' reward item due to the inclusion of four button batteries that can be accessed by unscrewing the back of the torch.

Whilst this reward has been independently tested and deemed to meet relevant product standards the Commonwealth Bank have made the decision to proactively withdraw this item from the School Banking Rewards Program.

Parents/Guardians are requested to dispose of any 'Cosmic Light Beam Torches' their child may have already received as part of the Rewards Program. Students who have previously received a 'Cosmic Light Beam Torch' are welcome to redeem an alternative reward item.

Ingrid Williams
School Banking Coordinator

COMMUNITY NEWS

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GO EAGLES

Chalcot Lodge Vice-Captain, Tyler Studd and Deputy Vice-Captain Bailey O'Callaghan, together with their team Endeavour Hills Eagles, have made it to the grand final in Football.

If you would like to come along and show your support while watching a great game of football, head down to

Oval 2, Major Recreation Reserve
Pakenham

Sunday 30th August, 11:30am.

They are hoping to make it a **back to back win!!**



Seven local schools will be taking to the stage this September hoping to claim the title of Schools on Stage Champion 2015. The schools are busy rehearsing in order to wow audiences with performances from their current musical at City of Casey's fifth annual Schools on Stage event, which will take place at Hillcrest Theatre on Thursday 10 September 2015. This year's musical extravaganza will feature songs from much loved musicals including; Hairspray, Les Miserables, Seussical and 42nd Street. Hosted by entertainer Tim Campbell, this popular event is not to be missed – tickets on sale now!

Date: Thursday 10 September 2015

Time: 7.30 pm

Venue: Hillcrest Theatre, 500 Soldiers Road, Clyde North

Tickets: <http://www.trybooking.com/HVUP>

For more information please see our website

<http://www.casey.vic.gov.au/youth/events/schools-on-stage>

Raising funds for Cystic Fibrosis Victoria Workshop for Kids!

When: Sunday 20th September

Where: The Unique Events Venue

Venue: 25 William Place, Balaclava

Booking: <http://www.trybooking.com/INFT>

Tickets: \$30-\$35

Primrose Hill Close, Endeavour Hills 3802. Telephone 9700 4455

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