

# SALAD IN A JAR - with bread and cordial

WHAT YOU NEED: Serves 6 - 8

- $\frac{1}{4}$  cup olive oil
- 2 tablespoons lemon juice
- 1 teaspoon herbs
- $\frac{1}{2}$  teaspoon garlic salt
- $\frac{1}{2}$  teaspoon mustard powder
- $\frac{1}{4}$  teaspoon pepper
- $\frac{1}{2}$  red onion
- 2 tomatoes
- $\frac{1}{3}$  cucumber
- 1 cup corn
- $\frac{1}{2}$  capsicum
- 1 cup pasta
- 1 cup grated cheese
- 1  $\frac{1}{2}$  cups mixed lettuce



UTENSILS:

- |                             |            |
|-----------------------------|------------|
| Large $\frac{5}{6}$ cup jar | Grater     |
| Safety knife                | Metal fork |
| Chopping board              | Peeler     |
| Measuring cups/spoons       |            |

ALLERGIES/INTOLLERANCES: An alternative cheese will be provided.

WHAT TO DO:

1. In a small cup, mix olive oil, lemon juice, herbs, garlic salt, mustard powder and pepper. Whisk until ingredients are emulsified. Pour into jar.
2. Slice red onion, put into jar. Dice capsicum and place on top of onion.
3. Cut tomatoes into small cubes and place into jar. Peel cucumber, dice then place into jar.
4. Place corn into jar. Grate cheese then place on top of corn.
5. Pour in the pasta and then the lettuce mix.
6. Push down gently so all ingredients fit into jar and place lid on top.
7. When ready to serve, tip out into a large bowl. The ingredients will mix and be coated in the dressing. Serve with bread and cordial. ENJOY!!

